

| Pos | Dorsal | Nombre | Club | Tiempo |
|-------------------------------------|--------|-------------------------------|-------------------------|----------------|
| F/M-12 (20) 1,7 km 65 m 13 C | | | | |
| 1 | 456 | Urquizu Diego, Iván | Navarra CDNAVARRA | 10:50 |
| 2 | 567 | Fandos Lorente, César | Zaragoza IBON ZARAGOZA | 12:02 |
| 3 | 530 | Intxaurrendieta Landea, Amets | Vizcaya COBI | 12:49 |
| 4 | 60 | Sales Turró, Arlet | Barcelona CAT-O | 13:21 |
| 5 | 442 | Pereira Roldan, Pablo | Málaga COMA | 14:14 |
| 6 | 608 | Beobide Lertxundi, Aratz | Guipúzcoa GOT | 14:23 |
| 7 | 375 | Villa Rodríguez, Marta | Asturias PILOÑA_DEPORTE | 16:27 |
| 8 | 361 | González Gómez, Álvaro | Álava COAraba | 18:39 |
| 9 | 538 | Peña García, Hugo | Salamanca CRO | 21:06 |
| 10 | 544 | DIAZ MENDAÑA, MARIA | Palencia ORCA | 21:51 |
| 11 | 520 | Andres Nuñez, Vera | Guipúzcoa GOT | 23:14 |
| 12 | 555 | Sevil Tella, Liena | Huesca PEÑA_GUARA | 27:04 |
| 13 | 446 | López Martín, Irene | Málaga COMA | 27:24 |
| 14 | 451 | Grau Olive, Miriam | Barcelona CAT-O | 30:05 |
| 15 | 641 | Morante Azkuna, Aizne | Vizcaya COBI | 32:47 |
| 16 | 461 | Enterreros Iglesias, Ana | Asturias PILOÑA_DEPORTE | 34:05 |
| 17 | 527 | Domínguez Monsalve, Sergio | León ALCON | 38:31 |
| 18 | 642 | Morante Azkuna, Aiora | Vizcaya COBI | 45:33 |
| 19 | 371 | Silván Moreno, Violeta | Zaragoza IBON ZARAGOZA | 47:04 |
| | 462 | González Gómez, Aitana | Álava COAraba | Error en tarj. |
| M-14 (13) 2,2 km 55 m 12 C | | | | |
| 1 | 496 | Sabariego Monge, Jaime | La Rioja RIOJA-O | 17:10 |
| 2 | 303 | Pascual Huerto, Irai | Navarra CDNAVARRA | 18:17 |
| 3 | 325 | López Martín, Andrés | Málaga COMA | 18:52 |
| 4 | 597 | JAUREGI OSTOLAZA, ENEKO | Guipúzcoa GOT | 20:26 |
| 5 | 654 | Gurrutxaga San Martin, Iker | Guipúzcoa GOT | 20:28 |
| 6 | 394 | Millán Urgel, Pablo | Zaragoza IBON ZARAGOZA | 23:16 |
| 7 | 396 | Mañeru Rodríguez, Juan | Palencia ORCA | 23:47 |
| 8 | 499 | Muñoz Quevedo, Samuel | Cantabria CD_ALTAI | 25:15 |
| 9 | 556 | Salazar Patón, Raúl | La Rioja RIOJA-O | 25:42 |
| 10 | 460 | Enterreros Iglesias, Santiago | Asturias PILOÑA_DEPORTE | 27:59 |
| 11 | 491 | Ramos Ruiz, Gonzalo | Asturias PILOÑA_DEPORTE | 28:42 |
| 12 | 588 | García Rodríguez, Guillermo | La Rioja RIOJA-O | 30:01 |
| 13 | 397 | Sevil Martín, Lorién | Huesca PEÑA_GUARA | 32:42 |
| F-14 (15) 2,2 km 55 m 12 C | | | | |
| 1 | 647 | Constantino Ferreira, Leonor | CPOC | 19:48 |
| 2 | 329 | Urquizu Diego, Iranzu | Navarra CDNAVARRA | 21:42 |
| 3 | 429 | Ramos Serrano, Isabel | Sevilla ADOL | 22:07 |
| 4 | 387 | Elhombre Jimenez, Julia | Zaragoza IBON ZARAGOZA | 23:44 |
| 5 | 445 | Faure García, Julia | Zaragoza IBON ZARAGOZA | 26:30 |
| 6 | 497 | Ferrando Galán, Irene | Toledo TOLEDO-O | 26:54 |
| 7 | 536 | Bermejo Agustín, María | Zaragoza IBON ZARAGOZA | 28:22 |
| 8 | 388 | Elhombre Jimenez, Lucia | Zaragoza IBON ZARAGOZA | 29:20 |
| 9 | 435 | Fernández Álvarez, Beatriz | Asturias PILOÑA_DEPORTE | 31:51 |
| 10 | 599 | Fernández Saiz, Telma | Cantabria CD_ALTAI | 33:03 |
| 11 | 503 | Osinaga Osinaga, Malen | Guipúzcoa GOT | 34:24 |
| 12 | 467 | Peña García, Elsa | Salamanca CRO | 34:37 |
| 13 | 333 | García Arbonés, Rosa | Zaragoza IBON ZARAGOZA | 38:06 |
| 14 | 516 | Muñoz Quevedo, Candela | Cantabria CD_ALTAI | 43:26 |
| 15 | 49 | Ramos Ortega, Erika | INDEPENDIENTE | 46:37 |

| Pos | Dorsal | Nombre | Club | Tiempo |
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| M-16 (12) 2,6 km 85 m 14 C | | | | |
| 1 | 376 | Rezzonico Blanco, Alexander | Asturias NORDESTE-O | 18:44 |
| 2 | 444 | Ferrando Galán, Gonzalo | Toledo TOLEDO-O | 21:33 |
| 2 | 514 | Arrieta Hidalgo, Aimar | Guipúzcoa GOT | 21:33 |
| 4 | 464 | Sabariego Monge, Miguel | La Rioja RIOJA-O | 21:42 |
| 5 | 367 | Díaz Mendaña, Diego | Palencia ORCA | 22:56 |
| 6 | 652 | Mendes Lima, Rodrigo | Amigos da Montanha | 25:16 |
| 7 | 639 | Morais Lagarto, Pedro | CLAC | 25:43 |
| 8 | 595 | Constantino Ferreira, Afonso | CPOC | 26:39 |
| 9 | 327 | Morales Jiménez, Joao | Orense LIMIACTIVA | 27:35 |
| 10 | 422 | Sevil Tella, Acher | Huesca PEÑA_GUARA | 1:00:33 |
| 11 | 581 | Elena San Segundo, Marcos | Ávila Ultra Maximus | 1:24:09 |
| 12 | 326 | Iturio Gasca, Mauricio | Zaragoza SARRIOS | 1:33:54 |
| F-16 (16) 2,5 km 70 m 12 C | | | | |
| 1 | 324 | López Martín, Sara | Málaga COMA | 19:39 |
| 2 | 246 | Muro Torres, Uma | Guadalajara C.O.GUADALAJAF | 21:07 |
| 3 | 447 | Virgili Serrallonga, Clara | Barcelona CAT-O | 22:25 |
| 4 | 353 | Martínez Barceló, Marta | Murcia TOTANA-O | 22:56 |
| 5 | 402 | Alloza Tejero, María | Zaragoza SARRIOS | 24:18 |
| 6 | 535 | Bermejo Agustín, Inés | Zaragoza IBON ZARAGOZA | 25:23 |
| 7 | 510 | Gómez Martínez, Gabriela | Cantabria GALITIUS | 28:21 |
| 8 | 368 | Martínez Pacheco, Carmen | Cantabria GALITIUS | 28:55 |
| 9 | 596 | Jauregi Ostolaza, Mireia | Guipúzcoa GOT | 30:12 |
| 10 | 370 | Sarasa Gracia, Diana | Zaragoza IBON ZARAGOZA | 31:56 |
| 11 | 506 | Salazar Patón, Leyre | La Rioja RIOJA-O | 32:53 |
| 12 | 332 | Fernández Pérez, Eva | Zaragoza IBON ZARAGOZA | 39:19 |
| 13 | 458 | Iruzubieta Pinillos, Adriana | La Rioja RIOJA-O | 42:22 |
| 14 | 635 | García Cardona, Rocio | Zaragoza IBON ZARAGOZA | 51:16 |
| 15 | 582 | Vazques San Segundo, Lucia | Ávila Ultra Maximus | 1:04:04 |
| 16 | 505 | Puyuelo Sanclemente, María | Huesca PEÑA_GUARA | 2:03:46 |
| M-18 (10) 2,9 km 105 m 17 C | | | | |
| 1 | 297 | González Peña, Aaron | Toledo TOLEDO-O | 24:53 |
| 2 | 627 | Angel, Labarbe | BROS | 26:25 |
| 3 | 513 | Suarez Álvarez, Mario | Asturias LA_BRUJULA_-_JAIRE | 28:23 |
| 4 | 216 | Pascual Huerto, Oihan | Navarra CDNAVARRA | 30:26 |
| 5 | 500 | Gómez Martínez, Álvaro | Cantabria GALITIUS | 35:01 |
| 6 | 501 | Fernández Martínez, Saúl | Cantabria CD_ALTAI | 44:11 |
| 7 | 275 | Fernández Alvarez, Antonio | Asturias PILOÑA_DEPORTE | 47:23 |
| 8 | 390 | Faure García, Martín | Zaragoza IBON ZARAGOZA | 54:24 |
| 9 | 403 | Gracia Sánchez, Samuel | Zaragoza SARRIOS | 1:11:13 |
| | 466 | Villanueva Muñoz, Sergio | La Rioja RIOJA-O | Error en tarj. |
| F-18 (11) 2,6 km 85 m 14 C | | | | |
| 1 | 289 | Misas Bernardino, Lucía | Sevilla ADOL | 20:03 |
| 2 | 298 | González Peña, Nerea | Toledo TOLEDO-O | 20:55 |
| 3 | 347 | Toledo Navarro, Patricia | Madrid ALABARDA-O | 21:33 |
| 4 | 651 | Madureira Augusto, Inês | .COM | 23:48 |
| 5 | 228 | Siqueira Batanero, Aruca | Guadalajara C.O.GUADALAJAF | 25:20 |
| 6 | 215 | Pascual Huerto, Dune | Navarra CDNAVARRA | 26:10 |
| 7 | 271 | Claramunt Moraga, Alicia | Valencia CORRECAMINOS | 26:20 |
| 8 | 285 | García Vendrell, Sheila | Valencia VALENCIA-O | 29:53 |
| 9 | 640 | Ribeiro Neto, Matilde | CPOC | 32:05 |

| Pos | Dorsal | Nombre | Club | Tiempo |
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| F-18 (11) | | 2,6 km 85 m 14 C | | <i>(cont.)</i> |
| 10 | 384 | Mañeru Rodríguez, Lucía | Palencia ORCA | 34:28 |
| 11 | 286 | García Vendrell, Ainhoa | Valencia VALENCIA-O | 46:52 |
| M-20 (9) | | 4,1 km 150 m 23 C | | |
| 1 | 638 | Mendes Ramos, Vasco | GDU Azoia | 34:21 |
| 2 | 320 | Velez Muñoz, Nicolás | Palencia ORCA | 41:24 |
| 3 | 426 | Virgili Serrallonga, Roger | Barcelona CAT-O | 46:50 |
| 4 | 646 | Guilherme Oliveira, Rodrigo | COC | 48:21 |
| 5 | 570 | Ramos Ortega, Javier | Zaragoza IBON ZARAGOZA | 1:18:23 |
| 6 | 279 | Valentín Barrio, Andrés | Valladolid COV | 2:06:05 |
| | 645 | Dias Fernandes, José | .COM | Error en tarj. |
| | 290 | García Bernabeu, Álvaro | Alicante COLIVENC | Error en tarj. |
| | 220 | Caraça-Valente Barrera, Jorge | Madrid IMPERDIBLE | Abandona |
| F-20 (8) | | 2,9 km 105 m 17 C | | |
| 1 | 248 | Ledesma Buscart, Xènia | Barcelona CAT-O | 30:16 |
| 2 | 344 | Fidalgo Casares, Laura | León ALCON | 32:08 |
| 3 | 357 | Basarán van Ham, Kika | Toledo TOLEDO-O | 32:29 |
| 4 | 411 | Caro-Patón Pérez, Ana | Valladolid COV | 35:23 |
| 5 | 221 | Illa Camps, Anna | Barcelona CAT-O | 35:49 |
| 6 | 424 | Martínez Ibañez, Alba | Murcia TOTANA-O | 40:33 |
| 7 | 420 | Iruzubieta Pinillos, Lucía | La Rioja RIOJA-O | 45:20 |
| 8 | 299 | Morales Jiménez, Irene | Orense LIMIACTIVA | 1:05:54 |
| M-21 (31) | | 4,9 km 170 m 25 C | | |
| 1 | 450 | Grau Olive, Andreu | Barcelona CAT-O | 45:48 |
| 2 | 249 | Ledesma Buscart, Bernat | Barcelona CAT-O | 48:22 |
| 3 | 254 | Sánchez Muñoz, Ignacio | Ciudad Real MANZANARES-O | 52:01 |
| 4 | 452 | Moragas Forcada, Jordi | Barcelona CAT-O | 57:08 |
| 5 | 120 | García Crespo, Jacinto | Palencia ORCA | 59:12 |
| 6 | 231 | Fidalgo Casares, Darío | León ALCON | 59:29 |
| 7 | 182 | Goikoetxea Retegi, Ibon | Guipúzcoa GOT | 1:02:08 |
| 8 | 366 | De Santos Sánchez, David | Valladolid COV | 1:04:28 |
| 9 | 342 | Pérez-Cecilia Aguilar, Juan Ramón | Valladolid COV | 1:04:32 |
| 10 | 99 | Etxebarria Cubillo, Iker | Vizcaya COBI | 1:05:29 |
| 11 | 532 | Bengoetxea Gorritxategi, Jon | Vizcaya COBI | 1:06:53 |
| 12 | 484 | Romero Iraola, Iñaki | Guipúzcoa GOT | 1:15:19 |
| 13 | 259 | Velez Muñoz, Julio | Palencia ORCA | 1:16:20 |
| 14 | 407 | Cañas Benito, Eder | Vizcaya COBI | 1:21:02 |
| 15 | 592 | ABAD NAVARRO, BERNAT | INDEPENDIENTE | 1:21:16 |
| 16 | 531 | Salazar Suarez, Mikel | Vizcaya COBI | 1:21:21 |
| 17 | 110 | Tejero Rioseras, Diego | Valladolid COV | 1:22:56 |
| 18 | 523 | Lertxundi Manterola, Aran | Guipúzcoa GOT | 1:25:17 |
| 19 | 453 | Salgado Rioz, César | Cantabria CD_ALTAI | 1:25:40 |
| 20 | 183 | Romero Monis, Rafa | Guipúzcoa GOT | 1:25:55 |
| 21 | 405 | Jariod Parra, Jorge | Zaragoza SARRIOS | 1:32:28 |
| 22 | 355 | Bermejo Gallego, Noé | Valladolid COV | 1:41:52 |
| 23 | 317 | García Casado, Ivan | Vizcaya COBI | 1:44:32 |
| 24 | 480 | Calzada Mendiguren, Joseba Iñaki | Vizcaya COBI | 1:54:54 |
| 25 | 241 | Martín Martín, Víctor | Navarra NORTE-SUR | 1:55:02 |
| 26 | 578 | Crespo Castillo, Carlos | Madrid GOCAN | 2:00:42 |
| | 250 | Loré Amigó, Èric | Barcelona CAT-O | Error en tarj. |
| | 318 | Intxaurrendieta Martin, Ianko | Vizcaya COBI | Error en tarj. |

| Pos | Dorsal | Nombre | Club | Tiempo |
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| M-21 (31) | | 4,9 km 170 m 25 C | | (cont.) |
| | 334 | Requejo Arce, Ander | Vizcaya COBI | Error en tarj. |
| | 219 | Durán Horcajo, Diego | Vizcaya COBI | Error en tarj. |
| | 593 | Jimenez Marín, Francisco Javier | La Rioja CRON | Abandona |
| M-AK (11) | | 3,5 km 110 m 18 C | | |
| 1 | 474 | Martínez Naredo, Eduardo | Asturias NORDESTE-O | 50:19 |
| 2 | 519 | Olascoaga Echave, Emilio | Guipúzcoa GOT | 50:27 |
| 3 | 540 | Román Ruiperez, Juan Pablo | Burgos TJALVE | 51:18 |
| 4 | 517 | Caso Fernandez, Enrique | Asturias PILOÑA_DEPORTE | 54:29 |
| 5 | 502 | Labrador Sánchez, Iñaki | Álava COAraba | 1:05:48 |
| 6 | 449 | Alvarez Prieto, José Luis | Tarragona MONTSANT | 1:08:12 |
| 7 | 455 | Estébañez Elguezabal, Cayetano | Valladolid CDP-O | 1:12:02 |
| 8 | 477 | Banciella Alvaro, Pablo | Asturias ASTUR_EXTREM | 1:12:34 |
| 9 | 601 | De La Mata Aller, Cesar | León ALCON | 1:12:55 |
| 10 | 564 | Fernández Peón, José Luis | Cantabria CD_ALTAI | 1:21:00 |
| 11 | 307 | Corihuela Sánchez, Pedro | Valencia CORRECAMINOS | 1:22:13 |
| F-AK (15) | | 3,1 km 100 m 15 C | | |
| 1 | 293 | Suarez Zapico, Eva | Asturias ASTUR_EXTREM | 57:27 |
| 2 | 264 | Perez Riofrio, Ana Belen | Madrid IMPERDIBLE | 1:08:05 |
| 3 | 108 | Ballano Arranz, Miriam | Burgos CORZO | 1:14:06 |
| 4 | 336 | Irastorza Asensio, Silvia | Vizcaya COBI | 1:15:18 |
| 5 | 448 | Garreta Gornals, Anna | Tarragona MONTSANT | 1:16:32 |
| 6 | 364 | Valiñas Picallo, Mònica | Barcelona CAT-O | 1:21:11 |
| 7 | 643 | Azkuna Bilbao, Amaia | Vizcaya COBI | 1:42:07 |
| 8 | 372 | Esteve Caballero, Montserrat | Valencia CORRECAMINOS | 1:42:21 |
| 9 | 524 | Fernández Suárez, Luz | Asturias ASTUR_EXTREM | 1:45:40 |
| 10 | 239 | Fernández Leñador, Cristina | Madrid MONTE_EL_PARDO | 1:58:14 |
| 11 | 541 | Merino Sainz, Ana Marta | Cantabria CD_ALTAI | 1:59:14 |
| 12 | 475 | Tejerina Pidal, Rocio | Asturias NORDESTE-O | 2:00:52 |
| 13 | 471 | Calvo Güiles, Alejandra | Valladolid CDP-O | 2:12:32 |
| 14 | 554 | Vera Ortiz de Zárate, Estíbaliz | Álava COAraba | 3:00:21 |
| | 438 | García Castellanos, Itziar | Valladolid COV | Error en tarj. |
| M-35 (57) | | 4,1 km 150 m 23 C | | |
| 1 | 685 | Sales Rovira, Jordi | Barcelona CAT-O | 42:20 |
| 2 | 356 | De La Fuente Alonso, Oscar | Burgos TJALVE | 44:04 |
| 2 | 176 | Domènech Amorós, Jordi | Baleares ERMASSETS | 44:04 |
| 4 | 71 | Ledesma Piedra, Abel | Barcelona CAT-O | 45:24 |
| 5 | 125 | Gil Mediavilla, Teófilo | Burgos TJALVE | 49:16 |
| 6 | 244 | Lazkano Fuentes, Carlos | Vizcaya COBI | 50:19 |
| 7 | 594 | Silva Ferreira, Nuno | CPOC | 50:24 |
| 8 | 186 | Pou Martí, Narcís | Barcelona CAT-O | 51:24 |
| 9 | 203 | Aubets Rafart, Ramon | INDEPENDIENTE | 52:42 |
| 10 | 114 | Frontela Mucientes, Ángel | Valladolid COV | 53:24 |
| 11 | 89 | Domínguez Berjón, José | León ALCON | 54:16 |
| 12 | 1 | Serrano Molinero, Ismael | Madrid ESCONDITE-M | 55:07 |
| 13 | 339 | Rezzonico, Sergio | Asturias NORDESTE-O | 55:19 |
| 14 | 67 | Sunyol Lison, Jordi | INDEPENDIENTE | 55:49 |
| 15 | 74 | Martínez Cánovas, Salvador | Murcia TOTANA-O | 58:45 |
| 16 | 175 | Torrejón Rubio, Carlos | Valladolid COV | 1:00:01 |
| 17 | 100 | Rubio Carrasco, Miguel | Zaragoza IBON ZARAGOZA | 1:00:23 |
| 18 | 457 | Dieste Gonzalvo, Alfonso | Zaragoza AGM | 1:00:48 |

| Pos | Dorsal | Nombre | Club | Tiempo |
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| M-35 (57) | | 4,1 km 150 m 23 C (cont.) | | |
| 19 | 378 | Peña Gomez, Arturo Javier | Salamanca CRO | 1:02:51 |
| 20 | 296 | Oses Orbegozo, Ander | INDEPENDIENTE | 1:05:49 |
| 21 | 266 | Villaverde López, Hugo | Vizcaya COBI | 1:07:02 |
| 22 | 669 | Esquerra Lluçia, Jan | INDEPENDIENTE | 1:07:08 |
| 23 | 240 | Serrano Molinero, Javier | Madrid ESCONDITE-M | 1:08:54 |
| 24 | 350 | Perarnau Marigil, Joel | Barcelona CAT-O | 1:10:31 |
| 25 | 115 | Isla Zorita, Daniel | Valladolid COV | 1:10:34 |
| 26 | 302 | Capellin Brule, Hugo | Asturias NORDESTE-O | 1:13:02 |
| 27 | 181 | Pikaza Díaz de Lezana, Jon Ander | Vizcaya COBI | 1:14:58 |
| 28 | 281 | Osinaga Beitia, Asier | Guipúzcoa GOT | 1:18:53 |
| 29 | 322 | Ubeira Fernández, Roi | Barcelona CAT-O | 1:19:40 |
| 30 | 91 | Arranz Muñoz, Rafael | Madrid RUMBO-MADRID_SANSE | 1:19:57 |
| 31 | 104 | García Pardos, José Ramón | Huesca PEÑA_GUARA | 1:20:06 |
| 32 | 309 | Vijande González, Mateo | Madrid MALARRUTA | 1:23:22 |
| 33 | 282 | Ballesteros Contreras, Gaizka | Vizcaya COBI | 1:25:53 |
| 34 | 419 | Rodríguez Perea, David | INDEPENDIENTE | 1:26:05 |
| 35 | 478 | Luzan Diez, Juan Antonio | Vizcaya COBI | 1:26:25 |
| 36 | 305 | Peral Rodríguez, Sergio | Valladolid CDP-O | 1:28:18 |
| 37 | 161 | Carretero González, David | Madrid MONTE_EL_PARDO | 1:28:28 |
| 38 | 395 | Viladés Jové, Jordi | Barcelona CAT-O | 1:32:51 |
| 39 | 262 | González Sánchez, Pedro | Madrid ESCONDITE-M | 1:40:15 |
| 40 | 247 | Salvador Costa, Carles | Barcelona CAT-O | 1:42:40 |
| 41 | 225 | Camblor Quiros, Miguel | La Coruña ROBALIZA | 1:42:47 |
| 42 | 383 | Mañeru Cámara, Juan | Palencia ORCA | 1:54:54 |
| 43 | 549 | Fernández García, Ángel | Asturias ASTUR_EXTREM | 2:01:18 |
| 44 | 476 | González Alonso, Nicolas | Asturias ASTUR_EXTREM | 2:17:08 |
| 45 | 95 | Benito Trevijano, Mikel | Vizcaya COBI | 2:20:23 |
| | 204 | Castellà Vancells, Dani | INDEPENDIENTE | Error en tarj. |
| | 132 | Peñaranda Marcos, Tomas | La Rioja CRON | Error en tarj. |
| | 106 | Fernández Liria, Pablo | Asturias NORDESTE-O | Error en tarj. |
| | 428 | Llaveria Grau, Magi | Tarragona MONTSANT | Error en tarj. |
| | 129 | Burgos Fernández, Ignacio | La Rioja CRON | Error en tarj. |
| | 398 | Galarraga Zamora, Jon | Guipúzcoa GOT | Error en tarj. |
| | 631 | LAGENEBRE, LUDOVIC | BROS | Error en tarj. |
| | 522 | Andres Gonzalez, Raul | Guipúzcoa GOT | Error en tarj. |
| | 481 | Morante Septién, Julen | Vizcaya COBI | Abandona |
| | 165 | González Casero, Ignacio | Álava COAraba | Abandona |
| | 459 | Iruzubieta Gil, Fermin Enrique | La Rioja RIOJA-O | Abandona |
| | 116 | Sanjuán Prieto, Pedro Mario | Valladolid COV | Abandona |
| F-35 (38) | | 2,9 km 105 m 17 C | | |
| 1 | 287 | Molina Pérez, María Josefa | Sevilla ADOL | 30:07 |
| 2 | 147 | Illamola Colomé, Adela | Barcelona CAT-O | 34:23 |
| 3 | 226 | Bello Rodríguez, Olalla | La Coruña ROBALIZA | 40:52 |
| 4 | 75 | Barceló Otalora, María Teresa | Murcia TOTANA-O | 44:18 |
| 5 | 321 | Ventura Mustienes, Gemma | INDEPENDIENTE | 45:04 |
| 6 | 341 | Bertran Prat, Cristina | Barcelona CAT-O | 45:19 |
| 7 | 227 | Isaba Aramendía, Natalia | Navarra NORTE-SUR | 45:32 |
| 8 | 70 | Buscart Piñot, Montserrat | Barcelona CAT-O | 45:41 |
| 9 | 133 | Schulze, Evelyn | Vizcaya COBI | 47:50 |
| 10 | 346 | Fernández Galdo, Dolores | Madrid RUMBO-MADRID_SANSE | 48:00 |
| 11 | 222 | Blanco Mantecón, Aixa | Palencia ORCA | 48:54 |
| 12 | 278 | Calvo Segovia, Nuria | Cuenca COMCU | 49:14 |
| 13 | 155 | Álvarez Crespo, Susana | Asturias PILOÑA_DEPORTE | 50:32 |
| 14 | 622 | Marques, Sabine | BROS | 50:35 |

| Pos | Dorsal | Nombre | Club | Tiempo |
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| F-35 (38) | | 2,9 km 105 m 17 C | | <i>(cont.)</i> |
| 15 | 379 | Cantero Gutiérrez, Eva | Burgos TJALVE | 53:09 |
| 16 | 243 | Quintana Saenz, Itziar | Vizcaya COBI | 55:09 |
| 17 | 157 | Figueroa Leiro, Mónica | Pontevedra AROMON | 55:22 |
| 18 | 199 | Roldán Pareja, Marian | Málaga COMA | 56:38 |
| 19 | 534 | Agustín García, M ^a Carmen | Zaragoza IBON ZARAGOZA | 56:42 |
| 20 | 121 | Gutiérrez Vega, Covadonga | Palencia ORCA | 58:02 |
| 21 | 343 | Sánchez Iñiguez De La To, Elena | Valladolid COV | 58:40 |
| 22 | 238 | Arbonés Cobos, Nieves | Zaragoza IBON ZARAGOZA | 1:03:12 |
| 23 | 690 | Torrent Martínez, Anna | Barcelona CAT-O | 1:04:42 |
| 24 | 146 | Güell Rovira, Virginia | Barcelona CAT-O | 1:05:10 |
| 25 | 616 | MASIP CRUELLS, SALUT | INDEPENDIENTE | 1:06:32 |
| 26 | 377 | Rabassa Bragulat, Sandra | Barcelona CAT-O | 1:06:45 |
| 27 | 269 | Gasca Galán, Patricia | Zaragoza SARRIOS | 1:07:13 |
| 28 | 381 | Hernandez Porras, Esther | Burgos TJALVE | 1:12:24 |
| 29 | 585 | Lucio Moral, Beatriz | Vizcaya COBI | 1:14:31 |
| 30 | 117 | Iñiguez De La Torre Bayo, Pilar | Valladolid COV | 1:17:48 |
| 31 | 369 | Gracia Latorre, Belén | Zaragoza IBON ZARAGOZA | 1:19:32 |
| 32 | 313 | Sánchez Aranda, Pili | Zaragoza SARRIOS | 1:20:20 |
| 33 | 606 | MARTIN DE LA FUENTE, ROCIO | Zaragoza AGM | 1:24:33 |
| 34 | 382 | Jimenez Ruperez, Barbara | Burgos TJALVE | 1:28:40 |
| 35 | 565 | Aguirre Casas, Elisa | La Rioja CRON | 1:50:43 |
| | 193 | Zarza Ramos, Guadalupe | Zaragoza SARRIOS | Error en tarj. |
| | 257 | Hernanz Moral, M ^a del Carmen | Palencia ORCA | Error en tarj. |
| | 196 | Gracia Gibert, Maria | INDEPENDIENTE | Abandona |
| M-45 (66) | | 3,5 km 110 m 18 C | | |
| 1 | 170 | Caraça-Valente Hernandez, Juan Pedro | Madrid IMPERDIBLE | 33:38 |
| 2 | 88 | Mahou García, Luis | Madrid COTA | 37:07 |
| 3 | 288 | Durán Oña, Juan José | Sevilla ADOL | 39:07 |
| 4 | 552 | Lima, Rafael | COC | 39:10 |
| 5 | 261 | Garcia, Ramon | Madrid IMPERDIBLE | 39:43 |
| 6 | 291 | González Pérez, Joaquín | Toledo TOLEDO-O | 39:47 |
| 7 | 94 | Arana Beobide, Josu | Álava COAraba | 42:59 |
| 8 | 150 | Ramos Román, José Ángel | Sevilla ADOL | 45:13 |
| 9 | 62 | López Pérez, Juan Antonio | Málaga COMA | 45:33 |
| 10 | 191 | Espina Lobeto, Angel | Asturias PILOÑA_DEPORTE | 46:20 |
| 11 | 168 | Cabeza García, Miguel Angel | Madrid IMPERDIBLE | 47:31 |
| 11 | 86 | Batanero Bachiller, José | Guadalajara C.O.GUADALAJAF | 47:31 |
| 13 | 107 | Angulo de Pablo, Eduardo | Burgos CORZO | 48:31 |
| 14 | 310 | Antón Medina, Luis | Zaragoza SARRIOS | 49:05 |
| 15 | 102 | Ferrando Roqueta, Jose Antonio | Zaragoza IBON ZARAGOZA | 49:29 |
| 16 | 251 | Tamargo Fernández, Manuel | Asturias ASTUR_EXTREM | 50:29 |
| 17 | 483 | De Los Dolores Miguel, Txemi | Guipúzcoa GOT | 51:10 |
| 18 | 151 | Pereira Rivero, Paul | Málaga COMA | 51:22 |
| 19 | 202 | Elhombre López, Angel | Zaragoza IBON ZARAGOZA | 51:41 |
| 20 | 148 | Serrat Grané, Juli | Barcelona CAT-O | 52:19 |
| 21 | 145 | Arumí Casadevall, Jordi | Barcelona CAT-O | 52:22 |
| 22 | 184 | Comerma Gómez, Pau | Barcelona CAT-O | 52:48 |
| 23 | 152 | Valero Matas, Eduardo | Asturias PILOÑA_DEPORTE | 53:48 |
| 24 | 273 | Sanz Gatón, David | Valladolid COV | 54:29 |
| 25 | 416 | Binder, Gert Michael | Madrid MALARRUTA | 55:01 |
| 26 | 509 | García López, Ignacio Javier | Zaragoza IBON ZARAGOZA | 56:27 |
| 27 | 439 | Fidalgo Fuertes, Emiliano | León ALCON | 56:31 |
| 28 | 166 | Santabárbara Lambea, Alberto | Zaragoza IBON ZARAGOZA | 56:52 |
| 29 | 431 | Armengol Martinez, Jordi | Barcelona CAT-O | 59:50 |

| Pos | Dorsal | Nombre | Club | Tiempo |
|------------------|--------|----------------------------------|--------------------------|----------------|
| M-45 (66) | | 3,5 km 110 m 18 C (cont.) | | |
| 30 | 98 | Bolaños Narváez, Joseba | Vizcaya COBI | 1:01:26 |
| 31 | 537 | Montalvo Magallón, José Ángel | Zaragoza IBON ZARAGOZA | 1:01:33 |
| 31 | 87 | Fernández Liria, Cristóbal | Madrid COTA | 1:01:33 |
| 33 | 277 | Toledo Navarro, Miguel Angel | Cuenca ORIENTIJOTE | 1:01:35 |
| 34 | 292 | Herrero Tejerina, Ismael | Palencia ORCA | 1:03:43 |
| 35 | 79 | Barberá Verdugo, José | Castellón CD_DOS | 1:04:11 |
| 36 | 105 | García Rodríguez, Eladio | Asturias CASTROPOL_DEPOR | 1:04:23 |
| 37 | 66 | Santoyo Medina, Ferran | Barcelona CAT-O | 1:05:11 |
| 38 | 389 | Faure Alegre, Raúl | Zaragoza IBON ZARAGOZA | 1:05:18 |
| 39 | 427 | Daví Recasens, Albert | Barcelona CAT-O | 1:06:03 |
| 40 | 135 | Tarno Cué, Nayo | Asturias NORDESTE-O | 1:06:31 |
| 41 | 96 | Boveda Otegi, Alberto | Vizcaya COBI | 1:09:12 |
| 42 | 434 | Arrieta Berasategi, Josu | Guipúzcoa GOT | 1:10:36 |
| 43 | 144 | Virgili Arumi, Jordi | Barcelona CAT-O | 1:11:07 |
| 44 | 68 | Domènech Mestres, Carles | Barcelona CAT-O | 1:11:10 |
| 45 | 490 | Villa Solares, Arsenio | Asturias PILOÑA_DEPORTE | 1:12:42 |
| 46 | 210 | Villar Martinez, Pedro | Zaragoza IBON ZARAGOZA | 1:15:38 |
| 47 | 465 | Sabariego Mediel, Carlos | La Rioja RIOJA-O | 1:15:40 |
| 48 | 258 | Velez Unquera, José Luis | Palencia ORCA | 1:18:18 |
| 49 | 253 | Millán Cases, Fernando | Zaragoza IBON ZARAGOZA | 1:18:21 |
| 50 | 276 | Menéndez Iglesias, Cesar | Asturias ASTUR_EXTREM | 1:20:28 |
| 51 | 691 | Pi Boada, Angel | Barcelona CAT-O | 1:21:29 |
| 52 | 294 | Peláez Méndez, Patricio | Pontevedra U-VIGO | 1:25:36 |
| 53 | 373 | De Santos Castro, Pedro Ángel | Valladolid COV | 1:26:58 |
| 54 | 404 | Gracia Abad, Ángel | Zaragoza SARRIOS | 1:28:11 |
| 55 | 173 | Abad Vives, Carles | Pontevedra U-VIGO | 1:32:18 |
| 56 | 566 | Fandos Faló, César | Zaragoza IBON ZARAGOZA | 1:36:04 |
| 57 | 637 | Farell i Garrigós, David | INDEPENDIENTE | 1:38:22 |
| 58 | 615 | Dalmases LLordes, Alexandre | INDEPENDIENTE | 2:08:08 |
| | 93 | Checa Blas, Fernando | Álava COAraba | Error en tarj. |
| | 187 | Gallego Ruiz, Carlos | Zaragoza IBON ZARAGOZA | Error en tarj. |
| | 393 | Millán Cases, Alberto | Zaragoza IBON ZARAGOZA | Error en tarj. |
| | 401 | Alloza Franch, Miguel Ángel | Zaragoza SARRIOS | Error en tarj. |
| | 208 | Borislavov Naydenov, Yulian | Ávila Ultra Maximus | Desc. |
| | 167 | Lorenzo Yustos, Héctor | Madrid IMPERDIBLE | Abandona |
| | 488 | Enterrerios Rodríguez, Angel | Asturias PILOÑA_DEPORTE | Abandona |
| | 617 | Silván Ochoa, Mikel | Zaragoza IBON ZARAGOZA | Abandona |

F-45 (46)**2,6 km 85 m 14 C**

| | | | | |
|----|-----|------------------------------|----------------------------|-------|
| 1 | 430 | Pañella Baró, Clara | Barcelona CAT-O | 32:16 |
| 2 | 270 | Moraga Giménez, Ana | Valencia CORRECAMINOS | 35:37 |
| 3 | 230 | Beketova, Iryna | Madrid MAXIMUS | 36:04 |
| 4 | 180 | Valverde Carrillo, Elena | Ciudad Real MANZANARES-O | 37:28 |
| 5 | 164 | Corrochano Galán, Alfonsa | Ciudad Real MANZANARES-O | 37:36 |
| 6 | 179 | Torres Romano, Maite | Guadalajara C.O.GUADALAJAF | 38:18 |
| 7 | 63 | Martín Del Río, Ana María | Málaga COMA | 40:56 |
| 8 | 482 | García Romero, Joana | Guipúzcoa GOT | 41:01 |
| 9 | 304 | Merino Hernantes, Maria José | Asturias ASTUR_EXTREM | 42:12 |
| 10 | 417 | Galán Sierra, Cristina | Toledo TOLEDO-O | 43:05 |
| 11 | 140 | Caus Pertegaz, Nuria | Alicante COLIVENC | 45:15 |
| 12 | 272 | Crespo Quindos, Begoña | Pontevedra U-VIGO | 46:49 |
| 13 | 284 | Vendrell Fuentes, Cristina | Valencia VALENCIA-O | 47:45 |
| 14 | 84 | Dengra Tello, Milagros | Madrid ESCONDITE-M | 48:08 |
| 15 | 156 | Iglesias Junzalvos, Ana | Pontevedra U-VIGO | 48:12 |
| 16 | 169 | Barrera Fuertes, Carmen | Madrid IMPERDIBLE | 49:40 |

| Pos | Dorsal | Nombre | Club | Tiempo |
|------------------|--------|----------------------------------|-----------------------------|----------------|
| F-45 (46) | | 2,6 km 85 m 14 C | | <i>(cont.)</i> |
| 17 | 493 | Olive Boque, Nuria | Barcelona CAT-O | 50:33 |
| 18 | 195 | Serrano Rico, Isabel | Sevilla ADOL | 51:25 |
| 19 | 400 | Lopez Gomez, Ana | Guipúzcoa GOT | 51:38 |
| 20 | 201 | Santamaría Villalonga, Toninaina | Baleares ERMASSETS | 51:56 |
| 21 | 77 | Sánchez Martínez, Antonia | Alicante COLIVENC | 52:12 |
| 22 | 521 | Nuñez Aguado, Nora | Guipúzcoa GOT | 52:17 |
| 23 | 314 | Plaza Plaza, Olivia | Valladolid CDP-O | 53:13 |
| 24 | 337 | Vega Artime, Isabel | Asturias ASTUR_EXTREM | 54:42 |
| 25 | 209 | Carruesco Marquina, Azucena | Zaragoza IBON ZARAGOZA | 57:00 |
| 26 | 472 | Muñoz Acebes, Carmen | Palencia ORCA | 57:09 |
| 27 | 487 | Serralonga Gasch, Maida | Barcelona CAT-O | 58:09 |
| 28 | 123 | Barquín Franco, Blanca Delia | Burgos TJALVE | 58:15 |
| 29 | 340 | Blanco Bailo, Pilar | Asturias NORDESTE-O | 58:35 |
| 30 | 392 | García Rica, Ana | Zaragoza IBON ZARAGOZA | 59:06 |
| 31 | 406 | Sanz Serrano, Isabel | Zaragoza IBON ZARAGOZA | 1:02:00 |
| 32 | 311 | Galindo Agesta, Carmen | Zaragoza SARRIOS | 1:03:03 |
| 33 | 149 | Zapater Rodríguez, Nuria | Barcelona CAT-O | 1:05:43 |
| 34 | 542 | Rodríguez Flores, Nuria | Palencia ORCA | 1:06:37 |
| 35 | 433 | Pikaza Diaz de Lezana, Amaia | Vizcaya COBI | 1:07:53 |
| 36 | 692 | Florez Estrada, Adriana | La Rioja CRON | 1:08:09 |
| 37 | 171 | Riaño, Elena | Madrid IMPERDIBLE | 1:10:18 |
| 38 | 489 | Iglesias López, Patricia | Asturias PILOÑA_DEPORTE | 1:11:08 |
| 39 | 312 | Mateo Franquesa, Nuria | Valencia CORRECAMINOS | 1:14:37 |
| 40 | 485 | Olmos Zulueta, Cristina | Vizcaya COBI | 1:14:47 |
| 41 | 574 | Alvarez Velicia, Mª Paz | Asturias LA_BRUJULA_-_JAIRE | 1:15:19 |
| 42 | 348 | Navarro Ruiperez, Carmen | Cuenca ORIENTIJOTE | 1:18:52 |
| 43 | 126 | Marcos Fernández, Patricia | Burgos TJALVE | 1:35:45 |
| 44 | 362 | Puyuelo Sanclemente, Mar | Huesca PEÑA_GUARA | 2:36:55 |
| | 185 | Arqués Teixidor, Assumpta | Barcelona CAT-O | Error en tarj. |
| | 50 | Garcés Lardiés, Mónica | Zaragoza IBON ZARAGOZA | Abandona |

M-55 (22)**2,9 km 105 m 17 C**

| | | | | |
|----|-----|------------------------------|--------------------------|----------|
| 1 | 72 | Mayol Clemente, Pedro | Murcia MURCIA-O | 32:53 |
| 2 | 65 | Serralonga Gasch, Toni | Barcelona CAT-O | 33:34 |
| 3 | 224 | Díaz Crespo, Benjamín | Palencia ORCA | 36:24 |
| 4 | 177 | Iglesias Huertos, Francisco | Valladolid CDP-O | 37:51 |
| 5 | 628 | Dayon ., Pierre | BROS | 40:43 |
| 6 | 103 | Mínguez Alonso, Miguel Angel | Zaragoza IBON ZARAGOZA | 41:39 |
| 7 | 649 | BAILLEUL, Jean Paul | BROS | 47:01 |
| 8 | 92 | López Lara, Antonio | Madrid MK-O | 48:39 |
| 9 | 138 | Montes Marcos, Roberto | Asturias ASTUR_EXTREM | 52:04 |
| 10 | 139 | Lasso Frías, Juan Manuel | Valladolid CDP-O | 52:16 |
| 11 | 76 | Gil Poveda, Antonio | Alicante COLIVENC | 54:32 |
| 12 | 73 | Guerao Navarro, Francisco | Murcia TOTANA-O | 55:20 |
| 13 | 413 | Ferrero Nalda, Miguel | La Rioja CRON | 57:58 |
| 14 | 354 | Muñoz Martin, Angel Luis | Cantabria CD_ALTAI | 58:18 |
| 15 | 136 | Maisterra Sánchez, Jesús | Zaragoza IBON ZARAGOZA | 59:59 |
| 16 | 194 | Izquierdo Macón, Eugenio | León ALCON | 1:06:05 |
| 17 | 515 | Morán Cuesta, Andrés | La Rioja RIOJA-O | 1:08:57 |
| 18 | 85 | Rodríguez Pérez, Oscar | Ciudad Real MANZANARES-O | 1:13:38 |
| 19 | 112 | Galván Mangas, José María | Valladolid COV | 1:16:35 |
| 20 | 492 | Pinyol Castro, Benet | Tarragona MONTSANT | 1:28:25 |
| 21 | 486 | Rey Canive, José Mª | Vizcaya COBI | 1:41:39 |
| | 113 | Sánchez Mínguez, Fernando | Valladolid COV | Abandona |

| Pos | Dorsal | Nombre | Club | Tiempo |
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| OPENAMARILLO (37) | | | 1,6 km 40 m 10 C | |
| 1 | 561 | Goikoetxea Lertxundi, Alain | Guipúzcoa GOT | 10:56 |
| 2 | 610 | Beobide Lertxundi, Eki | INDEPENDIENTE | 13:23 |
| 3 | 3 | THAKUR ZAPATER, MARCEL | Barcelona CAT-O | 13:50 |
| 4 | 526 | Martinez Tejerina, Rodrigo | Asturias NORDESTE-O | 14:37 |
| 5 | 671 | Ipiña Buján, Izaro | Vizcaya COBI | 14:57 |
| 6 | 473 | Tarno Camblor, Nayo | Asturias NORDESTE-O | 15:33 |
| 7 | 557 | Sabariego Monge, Jorge | La Rioja RIOJA-O | 15:40 |
| 8 | 550 | Montalvo Agustín, Nicolás | Zaragoza IBON ZARAGOZA | 15:44 |
| 9 | 559 | OSINAGA OSINAGA, ANE | Guipúzcoa GOT | 17:49 |
| 10 | 633 | Garcia Schulze, Lene | Vizcaya COBI | 17:50 |
| 11 | 607 | Jauregi Ostolaza, Ainhoa | INDEPENDIENTE | 18:19 |
| 12 | 611 | Beobide Lertxundi, Inar | INDEPENDIENTE | 19:16 |
| 13 | 54 | Elizondo Iribarren, Estibaliz | INDEPENDIENTE | 23:44 |
| 14 | 634 | Garcia Schulze, Joane | Vizcaya COBI | 24:13 |
| 15 | 664 | Torres Comerón, Marco | Guadalajara C.O.GUADALAJAF | 24:38 |
| 16 | 630 | Arrieta Hidalgo, Andoni | Guipúzcoa GOT | 25:47 |
| 17 | 689 | Bonet Fermin, Irene | INDEPENDIENTE | 26:06 |
| 18 | 619 | Garcia Gutierrez, Abril | Palencia ORCA | 30:50 |
| 19 | 46 | Lores Pons, Martin | INDEPENDIENTE | 32:04 |
| 20 | 682 | Pérez-Cecilia Alfonso, Luis | INDEPENDIENTE | 32:16 |
| 21 | 58 | FAMILIA LANZ-RIPALDA, - | INDEPENDIENTE | 32:19 |
| 22 | 237 | Urdapilleta Mayayo, Zigor | Navarra CDNAVARRA | 35:34 |
| 23 | 663 | Menéndez Torres, Asier | Guadalajara C.O.GUADALAJAF | 35:43 |
| 24 | 666 | Ahechu Lucena, Sara | Guadalajara C.O.GUADALAJAF | 35:49 |
| 25 | 562 | Domínguez Monsalve, Víctor | León ALCON | 37:30 |
| 26 | 632 | Rodríguez Regueiro, Vera | Asturias NORDESTE-O | 38:36 |
| 27 | 598 | Tarno Camblor, Selma | Asturias NORDESTE-O | 38:47 |
| 28 | 507 | Celis Rodríguez, Gemma | Navarra CDNAVARRA | 39:25 |
| 29 | 328 | Pérez Olave, Raquel | Navarra CDNAVARRA | 39:57 |
| 30 | 42 | ESTEBAÑEZ CALVO, SOFIA | Valladolid CDP-O | 40:02 |
| 31 | 26 | Del Campo Gutierrez, Maria | Palencia ORCA | 40:09 |
| 32 | 658 | Rodríguez Rodríguez, Sergio | Valladolid CDP-O | 40:33 |
| 33 | 672 | Durán Prieto, Cosme | Vizcaya COBI | 40:34 |
| 34 | 680 | Raga Garcia, Maria | Palencia ORCA | 47:25 |
| 35 | 470 | Camblor Bello, Enol | La Coruña ROBALIZA | 1:08:55 |
| | 47 | Pérez-Cecilia Alfonso, Diego | INDEPENDIENTE | Error en tarj. |
| | 45 | LORES PONS, TRISTÁN | INDEPENDIENTE | Error en tarj. |

OPEN NARANJA (32)**2,5 km 70 m 12 C**

| | | | | |
|----|-----|--------------------------------|-------------------------|---------|
| 1 | 315 | Silvestre Ferradal, Henar | Madrid ESCONDITE-M | 37:52 |
| 2 | 335 | Del Campo Marcaida, Ainhoa | Vizcaya COBI | 40:02 |
| 3 | 11 | Torreagaray Larruscain, Eburne | INDEPENDIENTE | 40:20 |
| 4 | 580 | Sánchez Iglesias, Ana | INDEPENDIENTE | 40:24 |
| 5 | 539 | Patón Mas, Ana Bélen | La Rioja RIOJA-O | 42:27 |
| 6 | 661 | DIAZ DIEGO, GORKA | INDEPENDIENTE | 44:17 |
| 7 | 56 | Samaniego Camarasa, Irati | INDEPENDIENTE | 46:18 |
| 8 | 571 | Casares Valladares, Marta | León ALCON | 46:53 |
| 9 | 668 | Jover Cano, Julia | León ALCON | 48:23 |
| 10 | 494 | Pinillos Jiménez, Olivia | La Rioja RIOJA-O | 49:11 |
| 11 | 583 | San Segundo Sánchez, Mercedes | Ávila Ultra Maximus | 50:12 |
| 12 | 609 | Muñiz Dominguez, Xose Inaciu | Asturias PILOÑA_DEPORTE | 51:43 |
| 13 | 55 | Fernandez Insagurbe, Raul | INDEPENDIENTE | 54:57 |
| 14 | 678 | Gracia Munuera, Pilar | INDEPENDIENTE | 57:31 |
| 15 | 600 | Cabeza Belanche, Marcos | INDEPENDIENTE | 59:16 |
| 16 | 623 | Esteve Guillemat, Jordi | INDEPENDIENTE | 1:06:23 |

| Pos | Dorsal | Nombre | Club | Tiempo |
|--------------------------|--------|----------------------------------|-------------------------|----------------|
| OPEN NARANJA (32) | | 2,5 km 70 m 12 C | | <i>(cont.)</i> |
| 17 | 656 | Moragas Forcada, Núria | INDEPENDIENTE | 1:07:38 |
| 18 | 614 | ARRIETA RUIZ, RAQUEL | INDEPENDIENTE | 1:12:57 |
| 19 | 14 | GERICO ARGENTE, ANA | INDEPENDIENTE | 1:14:34 |
| 20 | 12 | MAGAÑA SERVERA, SONIA | INDEPENDIENTE | 1:14:35 |
| 21 | 437 | Alonso Brasas, Ana Julia | Valladolid CDP-O | 1:15:00 |
| 22 | 657 | Triola Casas, Nuria | INDEPENDIENTE | 1:17:18 |
| 23 | 568 | Lorente Oloriz, Marta | INDEPENDIENTE | 1:21:10 |
| 24 | 612 | Martinez Revuelta, Susana | Vizcaya COBI | 1:26:15 |
| 25 | 34 | Mora Ramírez, Bryan | Cantabria CD_ALTAI | 1:29:28 |
| 26 | 51 | Cajal Bandrés, Alberto | Zaragoza IBON ZARAGOZA | 1:34:36 |
| 27 | 52 | Cajal Garcés, Martín | INDEPENDIENTE | 1:34:37 |
| 28 | 25 | Elizalde Lallana, Irati | INDEPENDIENTE | 1:34:54 |
| 29 | 679 | Gracia Latorre, Francisco | INDEPENDIENTE | 1:53:25 |
| 30 | 57 | Bilbao Etxebarrioste, Aitor | INDEPENDIENTE | 1:54:22 |
| | 5 | Dorronsoro Etxeberria, Maria | INDEPENDIENTE | Error en tarj. |
| | 365 | Garcia Garcia, Cristina | INDEPENDIENTE | Error en tarj. |
| OPEN ROJO (35) | | 3,1 km 100 m 15 C | | |
| 1 | 119 | Jiménez Jiménez, Rodrigo | León ALCON | 45:55 |
| 2 | 629 | madina fernandez, ander | INDEPENDIENTE | 48:08 |
| 3 | 118 | Martínez García, Raquel | León ALCON | 55:40 |
| 4 | 603 | Tesouro Ramos, Roberto | INDEPENDIENTE | 56:29 |
| 5 | 560 | Iertxundi manterola, marina | INDEPENDIENTE | 56:49 |
| 6 | 650 | Rodríguez Nicolás, Alejandro | INDEPENDIENTE | 57:12 |
| 7 | 234 | González Fernández, Barbara | INDEPENDIENTE | 57:32 |
| 8 | 414 | Lozano Navarro, Rafael | Palencia ORCA | 58:54 |
| 9 | 162 | Iglesias Santamaría, Miguel | Palencia ORCA | 59:30 |
| 10 | 265 | Sánchez Íñiguez de la To, Javier | Valladolid COV | 1:08:14 |
| 11 | 41 | Erauskin Extramiana, Maite | INDEPENDIENTE | 1:08:42 |
| 12 | 8 | Silanes Hernández, Iñigo | INDEPENDIENTE | 1:08:57 |
| 13 | 675 | Cabeza Sánchez, Carlos | INDEPENDIENTE | 1:08:59 |
| 14 | 274 | Gómez Varona, Juan Antonio | La Rioja RIOJA-O | 1:13:05 |
| 15 | 591 | Casas Ramos, Iñaki | INDEPENDIENTE | 1:17:53 |
| 16 | 295 | Ferrero Barros, Roberto | INDEPENDIENTE | 1:19:07 |
| 17 | 589 | Yuguero Esteban, Iker | Vizcaya COBI | 1:19:31 |
| 18 | 283 | Ballesteros Contreras, Maider | Vizcaya COBI | 1:20:03 |
| 19 | 415 | Martín Miguel, Ana | Palencia ORCA | 1:26:31 |
| 20 | 577 | Sanz Sanz, Belén | Madrid GOCAN | 1:28:52 |
| 21 | 385 | Cepeda Ruiz, Marilu | Vizcaya COBI | 1:30:16 |
| 22 | 454 | Echevarría Diego, Vanesa | Cantabria CD_ALTAI | 1:31:20 |
| 23 | 648 | Constantino Ferreira, Rute | CPOC | 1:40:19 |
| 24 | 604 | Thomas Arrizabalaga, Elisabet | INDEPENDIENTE | 1:45:03 |
| 25 | 590 | St-Denis, Elise | Vizcaya COBI | 1:46:37 |
| 26 | 644 | Diego Diez, Begoña | INDEPENDIENTE | 1:54:05 |
| 27 | 572 | RODRÍGUEZ PÉREZ, RUBÉN | INDEPENDIENTE | 1:56:32 |
| 28 | 374 | Mendaña Cuervo, Cristina | Palencia ORCA | 2:04:41 |
| 29 | 655 | Forcada Garolera, M.Dolors | INDEPENDIENTE | 2:06:16 |
| 30 | 613 | Llana Ojeda, Roberto | Vizcaya COBI | 2:20:02 |
| 31 | 674 | Azparren García, Arantza | INDEPENDIENTE | 2:25:21 |
| 32 | 525 | Gómez Güemes, Francisco Santos | Cantabria GALITIUS | 2:31:06 |
| | 528 | De Diego Abejón, Lucía | INDEPENDIENTE | Error en tarj. |
| | 154 | Fernández Benito, Juan Antonio | Asturias PILOÑA_DEPORTE | Error en tarj. |
| | 4 | Lores Casalinas, Jose Maria | INDEPENDIENTE | Abandona |

| Pos | Dorsal | Nombre | Club | Tiempo |
|--------------------------|--------|---------------------------------|--------------------------|----------------|
| M-E (46) | | | | |
| 5,4 km 185 m 26 C | | | | |
| 1 | 197 | Prieto Del Campo, Álvaro | Madrid MALARRUTA | 36:22 |
| 2 | 188 | Gil Marcos, Eduardo | Burgos TJALVE | 36:30 |
| 3 | 178 | Casado Gómez, Álvaro | Madrid GOCAN | 39:53 |
| 4 | 61 | Ruiz de la Herrán Pidal, Javier | Málaga COMA | 42:22 |
| 5 | 64 | Serrallonga Arqués, Marc | Barcelona CAT-O | 42:24 |
| 6 | 255 | Rodríguez Corrochano, Jesús | Ciudad Real MANZANARES-O | 44:31 |
| 7 | 69 | Bedós Bonaterra, Lluís | Barcelona CAT-O | 46:55 |
| 8 | 268 | Herrero Gómez, Abel | Palencia ORCA | 48:26 |
| 9 | 242 | Rojas Jiménez, David | Madrid ALABARDA-O | 49:01 |
| 10 | 363 | Hernández Pindado, Isaac | Badajoz CODAN_EXTREMADU | 50:59 |
| 11 | 443 | Ferrando Galán, Pablo | Toledo TOLEDO-O | 51:32 |
| 12 | 207 | Rol Rúa, Juan Carlos | Madrid MALARRUTA | 55:58 |
| 13 | 399 | Galarraga Lopez, Unax | Guipúzcoa GOT | 56:15 |
| 14 | 97 | Iglesias Mota, Urtzi | Vizcaya COBI | 57:21 |
| 15 | 233 | Cornejo García, Juan | León ALCON | 58:00 |
| 16 | 153 | Ordóñez Ibáñez, Sebastián | Tarragona MONTSANT | 1:00:39 |
| 17 | 200 | Ipiña Moja, Asier | Vizcaya COBI | 1:00:55 |
| 18 | 83 | García Dengra, Arturo | Madrid ESCONDITE-M | 1:02:58 |
| 19 | 141 | Hernaiz Sanchez, Oscar | La Rioja RIOJA-O | 1:03:14 |
| 20 | 174 | Torrejón Rubio, Cesar | Burgos TJALVE | 1:03:18 |
| 21 | 81 | Álvarez Serto, Ángel | Pontevedra AROMON | 1:03:31 |
| 22 | 380 | García Sanz, Jorge | Burgos TJALVE | 1:04:41 |
| 23 | 256 | Lázaro De Juan, Diego | Ávila Ultra Maximus | 1:05:54 |
| 24 | 280 | Perez-Cecilia Aguilar, Diego | Valladolid COV | 1:07:33 |
| 25 | 131 | Bustillo Ruiz, Pablo | La Rioja CRON | 1:08:16 |
| 26 | 316 | Monasterio Campillo, Mikel | Vizcaya COBI | 1:10:05 |
| 27 | 134 | García Gorrotxategi, Zigor | Vizcaya COBI | 1:11:17 |
| 28 | 143 | Del Bustio Díaz, Andrés | Asturias ASTUR_EXTREM | 1:11:58 |
| 29 | 436 | Del Estal Oyarzabal, Borja | Guipúzcoa GOT | 1:12:40 |
| 30 | 386 | Calva Troya, Jacinto | Zaragoza IBON ZARAGOZA | 1:14:38 |
| 31 | 423 | Baigorri García, José | Zaragoza IBON ZARAGOZA | 1:15:41 |
| 32 | 319 | Leiva Cárdenas, Francisco | Madrid MALARRUTA | 1:16:46 |
| 33 | 212 | Arumí Rota, Xavier | Girona GO-XTREM | 1:17:15 |
| 34 | 306 | Lopez Martin, Diego | Madrid COLMENAR | 1:19:09 |
| 35 | 206 | Oliver Sáez, Jesus | Madrid COLMENAR | 1:22:30 |
| 36 | 323 | Intxaurrendieta Martín, Gaizka | Vizcaya COBI | 1:25:10 |
| 37 | 78 | García Calado, Alberto José | Valencia VALENCIA-O | 1:34:44 |
| 38 | 122 | Mediavilla Ruiz, José Mª | Palencia ORCA | 1:35:10 |
| 39 | 192 | Martín Franco, Ricardo J. | Zaragoza SARRIOS | 1:45:46 |
| 40 | 358 | Rodriguez Diaz, Juan | Zaragoza AGM | 2:00:32 |
| | 267 | Landa Sánchez, Carlos Raico | Granada VELETA | Error en tarj. |
| | 82 | Morales Ferreiro, Martín | Orense LIMIACTIVA | Error en tarj. |
| | 351 | De Manuel Navío, Carlos | Madrid IMPERDIBLE | Error en tarj. |
| | 684 | Vizcaya Roldán, Eduard | Barcelona CAT-O | Abandona |
| | 160 | Hernández Fernández, Antonio | León ALCON | Abandona |
| | 130 | Bustillo Ruiz, Alfonso | La Rioja CRON | Abandona |
| F-E (11) | | | | |
| 4,1 km 150 m 23 C | | | | |
| 1 | 308 | Viqueira, Andrea | Madrid MALARRUTA | 55:48 |
| 2 | 418 | Aguilar Ruiz-Ruano, Anna | INDEPENDIENTE | 57:15 |
| 3 | 683 | Gil Clapera, Laia | Barcelona CAT-O | 1:07:57 |
| 4 | 345 | Rodríguez Díaz, Ana | Toledo TOLEDO-O | 1:16:55 |
| 5 | 245 | Plata Fernández, Margarita | Huesca PEÑA_GUARA | 1:17:15 |
| 6 | 349 | Perez Garcia, Blanca | Madrid COLMENAR | 1:20:14 |
| 7 | 218 | Martín Iglesias, María José | Madrid MALARRUTA | 1:23:46 |

| Pos | Dorsal | Nombre | Club | Tiempo |
|--------------------|--------|-----------------------------|-------------------------|----------------|
| F-E (11) | | 4,1 km 150 m 23 C | | <i>(cont.)</i> |
| 8 | 211 | Villar Carruesco, Alodia | Zaragoza IBON ZARAGOZA | 1:53:33 |
| 9 | 498 | Escolà Ferran, Laura | Tarragona MONTSANT | 2:22:52 |
| | 301 | Toledo Navarro, Ana Isabel | Cuenca ORIENTIJOTE | Error en tarj. |
| | 101 | Moreno García, Teresa | Zaragoza IBON ZARAGOZA | Error en tarj. |
| F-E LN (13) | | 3,5 km 110 m 18 C | | |
| 1 | 198 | García Castro, Marina | León ALCON | 39:28 |
| 2 | 236 | Lertxundi Manterola, Aitana | Guipúzcoa GOT | 45:30 |
| 3 | 440 | De La Cruz Gutiérrez, María | Burgos CORZO | 52:30 |
| 4 | 124 | Domingo Santos, Natalia | Burgos TJALVE | 54:34 |
| 5 | 425 | Hernández Torres, Pilar | Madrid ESCONDITE-M | 54:37 |
| 6 | 109 | Pérez Fernández, Marta | Valladolid COV | 55:31 |
| 7 | 163 | Caso Fernández, Claudia | Asturias PILOÑA_DEPORTE | 57:28 |
| 8 | 189 | Gil Marcos, María | Burgos TJALVE | 1:00:17 |
| 9 | 421 | Rico Arechaederra, Cristina | Vizcaya COBI | 1:02:16 |
| 10 | 408 | Ovejero Dueñas, Inma | Vizcaya COBI | 1:03:54 |
| 11 | 190 | Gavela Ramos, Alba | Burgos TJALVE | 1:14:01 |
| 12 | 359 | González Sanz, Alejandra | Zaragoza IBON ZARAGOZA | 1:27:05 |
| 13 | 331 | Sebastián Puras, Raquel | Burgos TJALVE | 2:06:52 |
| F/M-10 (3) | | 1,6 km 40 m 10 C | | |
| 1 | 618 | Silvan Moreno, Marco | Zaragoza IBON ZARAGOZA | 13:18 |
| 2 | 686 | Sales Turró, Airina | Barcelona CAT-O | 15:33 |
| 3 | 543 | Molina Durán, Daniela | Sevilla ADOL | 15:42 |